



Grow It, Try It, Like It!
Preschool Fun With Fruits and Vegetables

Food and Nutrition Service/USDA Team Nutrition

3101 Park Center Drive, Rm. 632
Alexandria, VA 22302

Web site: www.teamnutrition.usda.gov/

Healthy Meals Resource System

Provides information to persons working
in the USDA's Child Nutrition Programs

Web site: healthymeals.nal.usda.gov

For MyPyramid information:

Web site: www.mypyramid.gov/

Eat Smart. Play Hard.

Materials that encourage kids and
adults to eat healthy and be physically
active every day.

Web site: [teamnutrition.usda.gov/Resources/
eatsmartmaterials.html](http://teamnutrition.usda.gov/Resources/eatsmartmaterials.html)

Child Care and Nutrition Web Sites

Information on child care, nutrition guidance, and
educational resources available from the Federal
Government and private Web sites.



Nutrition.gov

Easy access to nutrition and health
Web sites from across the Federal
government

Web site: www.nutrition.gov

National Network for Child Care

Provides articles related to child develop-
ment and early childhood education and
e-mail discussion list for early childhood
issues. Web site: www.nncc.org

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